



Skill Acquisition Program Briefing 2023 season

SUNDAY 11TH DECEMBER



Agenda

1. LFC Goals and Objectives
2. Club Culture, Coaching Philosophy and Approach
3. SAP League Expectations
4. SAP Season Calendar
5. Football Development Opportunities
6. SAP Academy Program
7. Equipment
8. Costs
9. More information
10. Project 2023
11. Next Steps



1) LFC Football Goals and Objectives

“To create a fun environment for girls & boys to enjoy football and develop their skills”

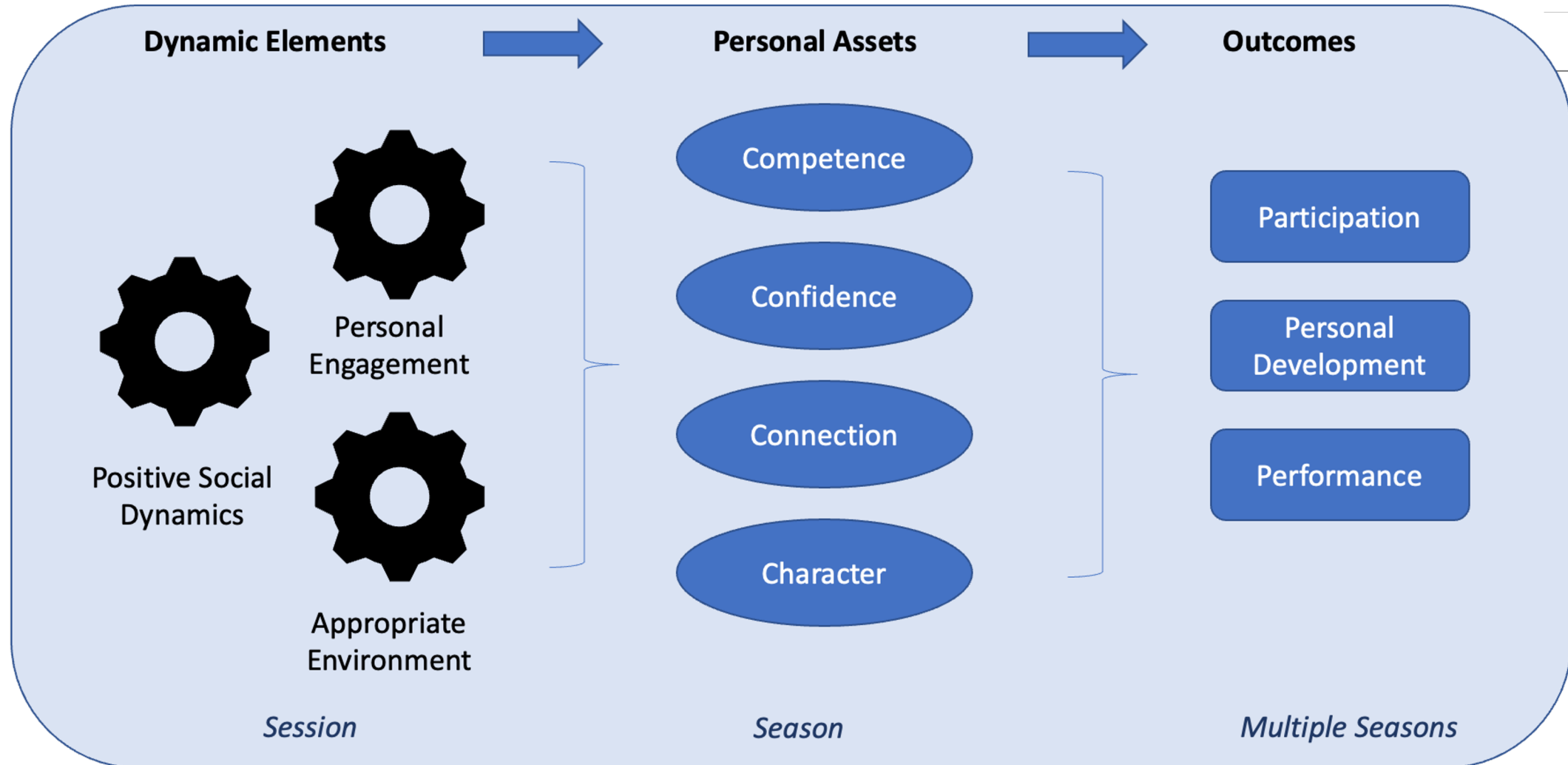
We aim to build a love for the game in all our players and be competitive within NSFA and State competitions and seek to develop girls & boys to go on and play Rep football (if they desire).

We measure our success by:-

- The number of players registering / returning each year
- The number of players that get selected into rep sides

While there is lots of football planned, we encourage all players to have a balanced approach to sport at this age

2) LFC Club Culture - underpins coaching





2) Coaching Philosophy & Approach

The LFC Coaching Philosophy is based on the National Curriculum.

The nationally preferred playing style is defined as being :

- *A pro-active brand of football, based on effective possession, with the cutting edge provided by creative individuals.*
- *Defensively the key components are quick transition and intelligent collective pressing.*
- *The Playing Style is underpinned by a strong 'team mentality', capitalizing on Australia's traditional strengths.*

So how does this influence what we coach and how....



2) Coaching Philosophy & Approach

U8-U11: Skill Acquisition Phase

To prepare players for team football by developing the functional game skills:

- 1v1
- Running with the Ball
- 1st Touch
- Striking the ball



3) SAP League Training

- You are **required to attend both training sessions** and attend the game on Saturdays unless sick, injured or exceptional circumstances
- Training sessions are *planned in advance* so it is *important* that coaches know the number that will attend each session.
- Managers should use an app like Teamer to assist with communication regarding absence from training and games

Age Group	Team	Coach	Session 1	Session 2
U8	AB		Mon LSC 4pm	Wed LSC 4pm
U9	AB		Mon LSC 4pm	Wed LSC 4pm
U10	AB		Mon LSC 5pm	Wed LSC 5pm
U11	AB		Mon LSC 5pm	Wed LSC 5pm

- ***All teams commence training in March***
- ***Ground allocations and timings are provisional***



4) SAP Season Calendar

Regular Season & Tournaments

Preseason (March)

- LFC vs LFC Games
- 1-2 Friendlies (incl)

Regular Season (April to August)

- Commences ***April 2nd tbc***
- Approx. 14 regular season games

Tournaments

Kanga Cup: July School Holidays

- U9, U10, U11 age groups
- Held in Canberra
- 6-7 games across the week
- Fantastic week-long competition, some say, the highlight of the season!



5) Football Development Opportunities



Lindfield Football Club partners with Peak Football Academy to offer additional training opportunities

LFC with Peak Football Academy will be offering the following programs.

- **Development Squad Holiday Training Camps**
- **Academy training sessions**
- **Small Group Training**
- **1on1 Training**
- **Specialised Training**
- **Tournament Football**



6) SAP Plus Academy Program.



Peak Football and LFC have created a SAP PLUS program.

This model is to give players the opportunity to play more games without added time of training on top of the SAP program.

Players will have the option to join the winter season with Peak Football academy to play in the premier academy league every Sunday. This will give players a chance to play 24 games more in the winter season.

This will be optional and is not in anyway compulsory for the LFC SAP players.

<https://www.peakfootballgroup.com.au/join-our-teams-peak-football-academy>



7) Equipment

- **Standard LFC Uniform:** Shorts, Socks & Blue Shirt (numbered)
- **LFC White Shirt:** used for Away Games & and to be worn at Training (numbered same as Blue)
- **LFC Tracksuit Top** and Optional LFC Tracksuit Pants
- **SAP Kit Bag** included in U8 fees - available for other age groups
 - Number allocation & clashes will be sorted out by Managers, existing players have priority
 - Dev Teams do not require numbered shirts - only SAP players
 - Due to the amount of football, *additional socks and shorts* are a good idea
 - LFC Hoodie, LFC Beanie and skins are also useful for Kanga Cup
 - *Coaching fees do not include uniform.* All football attire is purchased from the [uniform shop via our online store](#) - pickup is from the shop found downstairs at the clubhouse.



UNIFORM REQUIREMENTS MINIROOS

Blue Shirt \$40

Shorts \$30

Socks \$14

Shinpads \$15

Optional

White Training Shirt \$10

Backpack \$40

Hoodie \$40

White Cap \$20*

*cannot be worn in match



8) SAP League Costs 2022 (estimated)

Squad	SAP U8	SAP U9	SAP U10	SAP U11
Weeks - coaching	25	25	25	25
Weeks - game day support	21	21	21	21
Coaching Costs				
Equipment Allocation per player	\$14	\$13	\$13	\$13
Coaching Allocation per player	\$543	\$513	\$521	\$521
Player Gear Fee	\$40	Not included	Not included	Not included
Ground Hire Allocation per player	\$132	\$124	\$126	\$126
Coach Administration Fee per player	\$52	\$49	\$49	\$49
Total Coaching (inc GST)	\$740	\$700	\$710	\$710
Tournaments				
	\$	\$	\$	\$
Proctor Cup (inc Team Fees)	-	-	-	-
	\$	\$	\$	\$
Kanga Cup (ex Team Fees)	-	-	212	212
<i>2022 Actual Fees</i>	<i>\$690</i>	<i>\$690</i>	<i>\$704</i>	<i>\$704</i>

Note

Coaching fees are in addition to the player registration fee paid through FNSW play football (est \$300)



8) SAP League Costs (inc GST)

- LFC aims to be comparable with other community clubs with respect to coaching fees.
- We aim to recoup the investment made in coaching from our squads and from camps, spreading our overhead costs equitably. All payments go directly to the coaching office and do NOT fund any other club activities / teams.
- Our budget includes a 1% margin which covers contingency.
- Our LFC squads will train once per week on synthetic surfaces. All LFC coaches are paid an hourly rate based on their level of experience. NSFA charge SAP teams more to cover the better quality of grounds provided on game day.
- Costs are estimated and will be adjusted if there are any major (>\$30) variances in the coaching that was delivered.
- Payments will be made in 3 instalments to spread the cost and align with the use of Active Kids vouchers.
- **Non Refundable Deposit** to secure a spot: Dec - \$150 **2nd Installment:** due April - \$250 **Balance:** July
- Cost per session remains *unchanged* (\$12.5 – \$13.75).
- Late payment fee – any payment overdue after 60 days of the invoice being issued may incur a late payment fee of \$25 per payment.

9) More information

Our website has all the information you need :-

URL: www.lindfieldfc.com.au

SAP League Details:

Player TAB / Player Development, click the **SAP League Logo**.
NB Quick links to this presentation and **SAP Player Offers Policy** which outlines LFC expectations of SAP players.

Competition Details:

Player Tab then select **Competitions**
(includes Kanga Cup, Country Cousins tour and FNSW competitions)





10) Project 2023: 3 Key Objectives

1. **ONE CLUB** - Improving our facilities for all Members
1. **EQUAL OPPORTUNITY** - Celebrating and growing the Female Game
1. **ONE COMMUNITY** - Supporting our social teams and the broader community



11) Admin & Next Steps

To Do

1. **Confirm your spot - now** (see offer letter)
2. **Pay your deposit - now** (emailed invoice)
3. **Register for Football - January** (via website)
4. **Purchase Uniform - February** (via website)

